

3E Team Huddle Sheet

..... Team Culture

Get The Team Thinking

"On good teams coaches hold players accountable, on great teams players hold players accountable." - Joe Dumars, Detroit Pistons Great

**Write this or one of your own on a board*

Get The Team Talking

1. Explain that culture is how the team acts and treats each other - it is where relationships and results meet
2. Ask the team what the quote means to them
3. Ask for examples of teams that are great year after year and what do they do different? Answer is **Championship Culture** (Duke Basketball, NE Patriots, GS Warriors, North Carolina womens soccer, UConn womens basketball, ...)

Make It Relevant

1. Show the diagram on the following page
2. Explain the chart and how teams/programs can be mapped on it. Teams that they mentioned earlier with **Championship Cultures** are high in both relationship and results and that is not by coincidence.
3. Ask the team where they think their teams is on the chart and why?

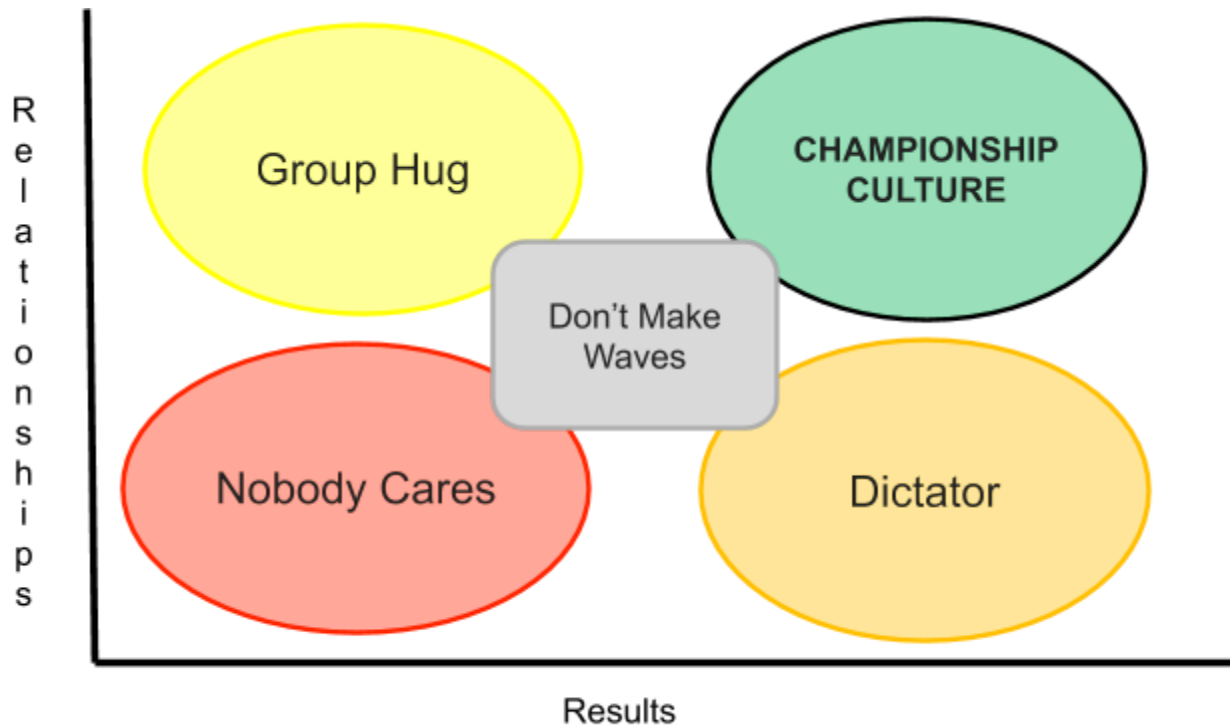
Get Better Every Day

1. Ask what it is going to take for the team to get further to the upper right quadrant.
 - Ask "What can the team do to build better relationships?" (examples include)
 - Team bonding activity or team dinner, include everyone for team activities, community service project, be conscience of how we treat each other and communicate, etc.
 - Ask "What can be done to get better results?" (examples include effort and attitude)
 - Mentally prepare for practice then go hard just like in a game, extra reps after practice, hit the weights or participate in the off season program, etc.
2. Great teams have cultures that value strong relationships between players as well as coaches and achieve great results. These teams commit to excellence in everything they do and achieve **Championship Culture** along the way...and it is just more fun!

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Huddle Meeting (Show your team this diagram)



Culture Key

- Nobody Cares – Relationships are weak and team does not care about the results so results are poor. In this culture, nobody is sure why they are even playing.
- Dictator – Achieves high results at the expense of relationships between athletes and/or coaches. High results are usually not sustainable due to poor relationships
- Don't make waves – Things are OK but nobody is willing to step up and change things for the better; average is acceptable and teams can stay here forever.
- Group Hug – relationships are strong and everyone gets along great but the team lacks focus on results; results are poor and the team is not doing the extra things necessary to improve
- Championship Culture – Strong relationships between athletes as well as coaches. Results are great. High levels of trust within the team. Athletes are committed and buy in. The team consistently produces strong results and functions with a “get better everyday attitude”. Great experience for everyone involved.